

**EXECUTIVE PHASE  
(PHASE FOUR)  
PROMOTION AGREEMENT**

**ACHIEVEMENT  
13  
CAPTAIN SUSTAINED**

1. MEMBER'S LAST NAME, FIRST NAME, MIDDLE NAME

2. CAP IDENTIFICATION NUMBER

**MEMBER AGREEMENT TO COMPLETE ACHIEVEMENT**

Statement	Date	Member Initials
The C/Capt named herein shall, to the best of their ability, complete all requirements for Achievement 13 on or before the date indicated		

5. MEMBER'S SIGNATURE AND GRADE

DATE

6. REPORTING OFFICIAL'S SIGNATURE AND GRADE

DATE

**ACHIEVEMENT REQUIREMENTS**

Item	Result	Date Completed	Staff Initials
Cadet Physical Fitness Test	MUST PASS FITNESS REQUIREMENTS		
Leadership Laboratory	TEST SCORE:		
Staff Duty Analysis	Technical Document (type): Oral Briefing Feedback		
Character Development	COMPLETE CHARACTER DEVELOPMENT		
Activity	Name of Activity:		
Cadet Oath	RECITE FROM MEMORY—MAY RETEST AS MANY TIMES AS NECESSARY TO ATTAIN 100 PERCENT ACCURACY		

**CADET (OR SENIOR) STAFF REVIEW**

Leadership Expectations	Comments	Staff Initials
Resilient; shows mental discipline in working to achieve long-term goals; welcoming of change; has habit of continual self-improvement		
Uses empathy; recognizes how Core Values relate to new and unfamiliar situations; makes sound and timely decisions independently		
Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues		
Completes large projects with little supervision; follows and sets a command intent; self-starter		
Actively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure		
Sets long-term goals for the unit; imaginative and visionary; recognizes the unit's long-term needs; mentally agile when faced with unfamiliar problems		
Directs multiple teams and manages multiple tasks; assigns people to right jobs; delegates well and enables others to take charge		

**REVIEW**

Item	Date	Staff Printed Name and Grade	Staff Signature
eServices Updated			

**MEMBER IS ELIGIBLE TO CONTINUE TO ACHIEVEMENT 13**

SIGNATURE AND GRADE OF CADET OIC

DATE

SIGNATURE AND GRADE OF SENIOR OIC

DATE